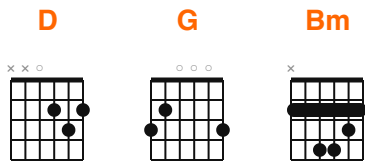


Distraction

Addy · Cable to Nowhere

Key D major · Tempo ~129 · Capo none
4/4 · loop-based



Main loop: D – G – Bm · **Verses** often: D – G

Verify player: estimated chords over the track. Downloads: [MIDI](#) · [PDF](#)

VERSE 1

D **G**
The silence is a loaded gun
Bm **D**
I'm waiting for the damage done
G **Bm**
I keep the television on
D **G**
To fill the space where you have gone
Bm **D**
I'm staring at the pixel light
G **Bm**
Burning holes into the night
D **G**
I cannot be alone with thought
Bm **D**
Or the battles that I haven't fought

CHORUS

G **Bm**
I need a distraction
D **G**
A chemical reaction
Bm **D**
Anything to block the view

G **Bm**
Of everything I did to you
D **G**
I need a distraction
Bm **D**
To dull the satisfaction
G **Bm**
Of tearing out the wiring
D **G**
And listening to the tires sing
Bm **D**
Just a distraction

VERSE 2

G **Bm**
I scroll until my fingers bleed
D **G**
Consuming things I do not need
Bm **D**
The information overloads
G **Bm**
Exploding on the side of roads
D **G**
I'm terrified of sitting still
Bm **D**
Of losing all my force of will
G **Bm**
So turn the volume up to ten
D **G**
And drown the voices out again

CHORUS

Bm **D**
I need a distraction
G **Bm**
A chemical reaction
D **G**
Anything to block the view
Bm **D**
Of everything I did to you
G **Bm**
I need a distraction

D **G**
To dull the satisfaction
Bm **D**
Of tearing out the wiring
G **Bm**
And listening to the tires sing
D **G**
Just a distraction

BRIDGE

Bm **D**
Don't let the silence in.
G **Bm**
(It's crawling on my skin)
D **G**
Don't let the thinking start.
Bm **D**
(It tears the world apart)
G **Bm**
Keep it moving.
D **G**
Keep it moving.
Bm **D**
Don't look down!
G **Bm**
Don't look down!

OUTRO

D
Just noise.
G
(Distraction)
Bm **D**
Just white noise.
G
(Distraction)
Bm
Cover it up.
D
(Distraction)
G
Fill the cup.

Bm

(Distraction)

Chords auto-estimated from the song's audio (bass = roots, guitar/synth = quality) and snapped to the detected key — a best-effort transcription, not a hand-verified score. To check accuracy, play the MIDI against the original recording (the verify player, when present, does this for you). Chord positions over the words are approximate to the repeating loop.